

# **Hidden Truth of Cancer**

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# Introduction

The contemporary life sciences, especially biology and medicine, have now reached a turning point. Some scientists say, “The revolution of the life sciences will occur in the last half of the 20th Century along with historical research and thought about the progress of natural science.” I agree with this opinion.

However, modern medicine has many paradoxes and dogmas in its theories. These paradoxes are mostly due to the acceptance of the basic concepts of German physicist Virchow’s theory, i.e., *Omnis cellula e cellula* (all cells come only from cells), and this has been generally believed to be a “golden rule” in the biological and medical sciences.

Science is a study of the relationship between cause and effect in the phenomena of nature. However, Virchow’s concept prohibits further thinking regarding the cause or the origin of the cell. Medical science will never develop or progress from this concept. It is a cancerous theory. This unscientific theory has caused many superstitions in the medical field.

Cancer is one example of such superstitions. If we know the cause and mechanism of cancer, we need not fear it. Modern science is afraid of cancer, just as primitives are afraid of an electric light. The real cancer is not in our bodies but in the mentality of the scientist who rigidly believes that all cells arise from other cells.

The problem of cancer in our civilization is beneficial because it will bring forth a revolution in modern medicine. If modern medicine does not change its direction, cancer will become a fatal disease, not only for men, but for modern medicine which has spread its malignant effects on the whole of society. Therefore, cancer in this century has a historical mission: to correct modern medicine.

Modern medicine will never end the disaster of cancer, which is criminally condemned and becomes explosive when handled violently. However, it is a faithful servant if we handle it gently, knowing its character. I am trying here to write the truth about cancer from the historical and macroscopic viewpoint so that you may understand that cancer is not our enemy but our benefactor, because it teaches us how to live healthfully and happily.

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## Chapter One

# The Basic Problem of Cancer

According to modern medicine, the definition of cancer is: *malignant cells that suddenly mutate from normal cells, for some reason, and are manifested by reduced control over growth and function, leading to serious adverse effects on the host through invasive growth and metastasis.*

Several questions arise from this definition of cancer. First, why have such cells formed? If we can answer these questions, we can cure or prevent cancer. Medical scholars all over the world have researched these questions, ardently, for over a half century. Unfortunately, we have not yet received adequate answers from them. This is due, neither to the insufficient efforts of the scientists nor to the shortage of financial support for research. It is due to the ideas or beliefs existing in the mentality of the scientists who conduct cancer research. In other words, their ideas or concepts of “What is Life?” “What is a cell?” “What is the origin of a cell?” “How does a cell grow?” are incorrect. I regret that all scientists are searching for a cause of cancer in the wrong direction, and therefore, their effort will be in vain.

The above definition of cancer was proposed by the disciples of Virchow who blindly accepted his doctrine *Omnis cellula e cellula*. Since this theory is completely incorrect, this definition doesn't correspond with reality and lacks scientific thinking. For example, “for some reason” is an expression admitting ignorance of the reason.

Therefore, this is not a definition of cancer.

“Suddenly” is another expression of ignorance. If we know the cause, we can anticipate the effect. Solving the problem of cancer using such a definition is like looking for fish in the trees.

We are told that one-third to one-half of all cancer could be cured if patients would see a specialist for prompt treatment in the early stages. However, what the early stage is, is not clear. Could this be an excuse of the doctors who can't cure cancer?

There are three treatments for cancer in Western medicine:

- I. Surgery
- II. Chemical treatment
- III. Radiation treatment

I. Surgery: Surgery is based on the idea that the removal of the symptoms is a cure. They are committing two errors with this idea. First, cancerous symptoms (cells) are the result not the cause, therefore elimination of cancerous cells will not cure cancer. It is a temporary cure. Second, any disease, including cancer, is a sickness of the whole body. Therefore, removal of cancerous cells on one part of the body will cause growth of cancerous cells on another. I would say that if cancer can be cured by surgery it can be more easily cured without it because the operation weakens the body against resistance to cancer.

II. Chemical treatment: There are several anti-cancerous drugs. I doubt their efficacy. The idea of “anti-cancer” is disagreeable to me. Since cancerous cells are part of our body, the destruction of such cells, by drugs, will inevitably destroy our normal cells. Therefore, medicine must find a drug which will strengthen our normal cells, which will control the cancerous cells and prevent their growth and function. In other words, not an antidrug but a complementary drug.

III. Radiation treatment: This is a most dangerous treatment: radiation has been an important cancer producing factor since 1902. The cancerous cell will be destroyed by the radiation, but the normal cells will be mutated to cancer cells by the exposed weak radiation. Thus, there is little evidence to confirm the claim that prompt treatment of cancer in the early stages will cure most cases. Often, early treatment leads to early death. There must exist many cases where cancer was cured naturally, without serious medication, when the early symptoms were not noticed.

Medical science believes that cancer is incurable (another name for death). A diagnosis of cancer means a death sentence. This is nothing but a proof of the incompetence of modern medicine. However, cancer is not such an incurable, deadly disease.

Medical doctors often say that it was not cancer to begin with when they see someone who was cured of cancer after being abandoned by medical doctors. This is a doctor's excuse. In reality, cancer can be more readily cured if we avoid wrong medication. At least we may live longer if we avoid wrong medications. Dr. John Cryle showed many cases in which cancer patients survived many years without medication. In cancerous experimental animals there are some deaths, but some cure themselves naturally. These animals had been fed refined foods. Therefore, their resistance to cancer must be weak. In such animals, cancer will be produced without inoculation. However, we can change the cancer production rate by changing the quality and the quantity of foods. For example, a mouse who produces 70% cancerous cells 1-2 years after birth can reduce this rate to almost zero simply by reducing its food 1/3 to 1/5.

In my experiments, I fed mixed grains and salt to chickens who were suffering from leukemia. The chickens were cured completely from their cancer. This result revealed that a close relationship between cancer and nutrition exists.

However, the “real” nutrition cannot be encompassed by the three main aliments: carbohydrates, proteins and fats, nor by caloric intake.

Recently, many animals in zoos have died from cancer. For example, sea lions have died from cancer of the urethra and monkeys have died from cancer of the esophagus. Their intake of domestic food must be related to this fact because they never die from cancer when they select foods from their own natural habitats.

To confirm this, there is an interesting experiment made by Dr. Robert McCarrison, the chief physician of the Indian Nutritional Institute. He gave the Hunza diet to a group of 1,000 healthy mice, then he gave the Indian diet to another group of 2,000 healthy mice. After 27 months, he made autopsies and pathologically compared the two groups. The results were astonishing. The mice which were fed the Hunza diet were completely healthy. There were no signs of sickness among them. However, most of the mice which were fed the Indian diet showed symptoms of many sicknesses such as eye impairment, tumors, tooth decay, stunted growth, falling hair, anemia, skin, heart, kidney, stomach and intestinal diseases.

When he gave the English diet to the final group of 1,000 mice, they not only showed the above symptoms, but also impairment of the nervous system. They became so cruel that they bit one another.

Here are the diets given to the three groups of mice:

1. Hunza diet—chapati (a bread made from whole grains), soy bean malt, raw carrot, raw cabbage and raw milk (without pasteurization).
2. Indian diet—rice (white), beans, cooked vegetables with spices (which Indians eat daily).
3. English diet—white bread, margarine, tea with sugar, cooked vegetables, canned meat, jam and jello.

This experiment reveals much concerning diet, not only for animals, but also for man. It shows us that longevity of race, character of race and the cause of disease is dependent on diet. Food is life. My new blood theory, which I will make a report on later, will show the relationship between food and life. If modern civilization continues as it has, all civilized countries will be destroyed completely, not by war, but by diseases such as cancer, heart or mental disease. During the present critical period, only the continued existence of Hunza Land offers hope for the future. Hunza Land has remained isolated from other countries during the last 2,000 years. It never suffered from plague, such as leprosy in the 14th Century, pestilence in the 15th Century, syphilis in the 16th Century, smallpox in the 17th and 18th Centuries and tuberculosis in the 19th Century.

The Hunza people are immune to the cancer and heart diseases of the 20th Century. They have never suffered from any disease. In this unhealthy age, this is miraculous and incredible.

The problem of cancer has no solution without giving thought to the fundamental question: Why have the people of Hunza Land been living with superior health when other peoples are suffering from so many diseases?

If we find the basic principle key to solving the cancer problem, we can apply it to all other diseases. Symptomatic medicine, not realizing the causes of cancer, can never cure it completely.